



# JOIN THE TEAM!

The Dream Team uses the power of a bicycle to assist youth with developing a positive approach to life's challenges.



Be part of a team that wants to see YOU succeed!



We train together from March through July.  
It's all **FREE!**

Earn your own bicycle!

Ride across Iowa in RAGBRAI!

If you are 13 to 18 years old and are interested or know someone who might be, learn more by visiting

**[DreamTeamDesMoines.org/join](http://DreamTeamDesMoines.org/join)**

or call (515) 207-5186

Spots are limited and our roster is finalized in January so act quickly!