Minutes

# HBAC Work Session Minutes

August 15, 2018

The meeting was called to order by Blake Hammond at 9:00am at 2323 Grand Ave.

## In attendance

Katie Northness, Blake Hammond, Rossi Frith, Valerie Cohen, Vicki Bonnett, Kathleen Wells, Joshua Brown and Shannon Owens.

## Review of Healthy U data from 2017-2018 program

Participation similar to past two years. District is continuing to engage high percentage of employees in program.

Committee recommended consideration of different offering for biometric screenings to accommodate evening and nigh employees.

In 2017-2018 the Wellness Champions implemented 242 Healthy U activities.

Committee recommended additional surveying of staff to determine impact from Wellness Champions.

## Insurance Review

Reviewed specialty drug, non-specialty drug utilization, ER utilization and distinction center data.

Discussed different use of methods to increase communication, awareness and education regarding ER, Urgent Care, Primary, Doctors on Demand and pharmacies.

## Benefits 2019-2020

Committee would like to see a collaborative process established to work out the benefits to be offered to employees in 2019-2020.

## Next Meeting

Monday, September 24, 2018   
5:30-6:30pm  
2323 Grand Avenue Conference Room D