

What Can Be Recycled and What Can't

Metro Waste Authority and the City of Des Moines provide these tips for what can be recycled and what can not.

What can be recycled? [No garbage allowed]

Only the accepted recyclables, listed below, can be recycled.



Newspaper & Magazines:

including inserts

Mixed paper: including junk mail, phone books, envelopes

Cardboard: break down and cut to fit into cart

Shredded paper: place in a paper sack



Glass food jars & bottles:

ALL colors

To redeem bottles with deposits, they must be taken to a redemption center



Plastic bottles:

"necked" bottles and yogurt/margarine tubs **NO LIDS**



Tin & aluminum cans:

To redeem cans with deposits, they must be taken to a redemption center

These items do not go in the recycling container.



Garbage or yard Debris



Food Contaminated Items



Plastic Bags



Containers with Motor Oil or Other Hazardous Materials



Styrofoam



Plastic Cups



Plastic Food Containers



Foil & Disposable Baking Tins

When you're in doubt if an item is acceptable, just throw it out.